



► ***Provisional Programme now available –
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The WHO Regional Office for Europe with the support of the European Commission Directorate for Health and Consumers will hold a Leadership Meeting on Empowerment in Mental Health, hosted by EUFAMI

Empowerment Leadership Meeting

This meeting will bring together local and national champions of empowerment and government representatives to discuss concrete opportunities for user and family carer empowerment

**The Leuven Institute for Ireland in Europe,
Leuven, Belgium**

27th and 28th October 2010

The meeting will also include a very unique exhibition – The Marketplace – where delegates will be able to view and discuss many examples of user empowerment good practices

► ***Registration for the meeting will open at the beginning of August – more details will follow***

Provisional Programme for Meeting

WHO Regional Office for Europe - in partnership with the European Commission - Empowerment in Mental Health – Working together for Leadership Meeting 27th and 28th October 2010, Leuven, Belgium	
Wednesday 27th October 2010	
8.00-9.00	Registration
9.00-09.30	<i>OPENING SESSION</i> <ul style="list-style-type: none"> • Host • WHO • European Commission DG Sanco • European Commission DG Employment • Patron of the WHO-EC Empowerment Project
09.30-11.00	<i>SESSION ONE: EMPOWERING USERS AND CARERS</i> <ul style="list-style-type: none"> • The WHO-EC Partnership Project • Empowerment and protection of human rights in the European Region • Challenges and successes in empowerment leadership • User leadership • Carer leadership
11.00-11.30	Coffee break
11.30-12.30	<i>SESSION TWO: Developing communities that empower people</i> <ul style="list-style-type: none"> • Inequality and resilience • What empowers people to become leaders and to create change • Empowerment and community integration
12.30-14.00	Lunch break
14.00-15.30	<i>SESSION THREE: User leadership and the role of services</i> <ul style="list-style-type: none"> • Trainings for service user leadership • Family Training and Empowerment through PROSPECT • What can services do to enhance empowerment processes?
15.30-16.00	Coffee break
16.00-17.30	<i>SESSION FOUR: “Market place” – presenting examples of good practice</i> <ul style="list-style-type: none"> • User and carer leadership • Self-management • Family carer education • Government action • Empowered services • Training of mental health workforce • Overcoming stigma and discrimination • Quality assurance/monitoring of mental health services • Employability interventions for people with mental health problems
17.30	End of day one
19.00	Reception

Provisional Programme for Meeting

Thursday 28th October 2010

09.00	Opening of day two
9.00-11.00	<p><i>SESSSION ONE: The role of the public sector in facilitating empowerment</i></p> <ul style="list-style-type: none"> • The role of governments and public authorities in empowering people with mental health problems and family carers • Empowering welfare and benefit legislation <p><i>Good practice examples:</i></p> <ul style="list-style-type: none"> • Involvement of users and carers in development of mental health policy and legislation • Quality assurance/monitoring of mental health services • Supported employment/social enterprise/meaningful activity
11.00-11.30	Coffee break
11.30-13.30	<p><i>SESSION TWO: Panel “The way forward – realizing the vision”</i></p> <p>Chaired by: NN</p> <p>Participants representing: governments/public authorities, user and carer associations, employers, EC DG Sanco, WHO,</p> <p>Topics:</p> <ul style="list-style-type: none"> • User leadership • Family carer education • Quality assurance/monitoring of mental health services • Training of mental health workforce • Employability interventions for people with mental health problems
13.30-14.30	Lunch
Breaks	Good practice exhibitions